



SEPTEMBER SENIOR ACTIVITIES



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Dollar Days 11:00 am Chair Yoga 11:00-12:00 Stroke Club 12:30 pm Van Service	2 Movie Day 1:00 pm Van Service	3
4	5 Labor Day Building is Closed	6 No Line Dance Rummy Club 1:30 pm Van Service	7 Wii Bowling 10:00 am Free Emergency Kits 10:00-11:00 Pinochle 12:30 Van Service	8 Lunch Bunch 11:00 am Chair Yoga 11:00-12:00 Stroke Club 12:30 pm Van Service	9 Foot Dr. by Appointment Trader Joe's 9:30 am and 12:30 pm Van Service	10
11	12 Card Club 9:00 am Sit 'n Knit 11:00 am Shape Up 12:30 pm Van Service	13 Line Dance 10:00 am Rummy Club 1:30 pm Senior Advisory Meeting 3:00 pm Van Service	14 Wii Bowling 10:00 am Euchre 12:30 Van Service	15 Chair Yoga 11:00-12:00 Greektown Trip 12:00 Stroke Club 12:30 pm Van Service	16 Breakfast Club 9:30 am Movie Day 1:00 pm Van Service	17
18	19 Card Club 9:00 am Sit 'n Knit 11:00 am Blood Pressure Testing 11:00 Shape Up 12:30 pm Van Service	20 Line Dance 10:00 am Rummy Club 1:30 pm Van Service	21 Wii Bowling 10:00 am Pinochle 12:30 Van Service	22 Dollar Days 11:00 am Chair Yoga 11:00-12:00 Red Hats 12:00 Stroke Club 12:30 pm Van Service	23 Fantastic Friday 10:00 am Van Service	24
25	26 Card Club 9:00 am Sit 'n Knit 11:00 am Shape Up 12:30 pm Van Service	27 Line Dance 10:00 am Rummy Club 1:30 pm Van Service	28 Wii Bowling 10:00 am Euchre 12:30 Van Service	29 Chair Yoga 11:00-12:00 Stroke Club Trip 12:30 pm Van Service	30 Fall Festival 11:30 am Van Service	